

# Royal Bank Business Builder

## Building a Growth Mindset





1

**Believe that you can  
learn, placing effort  
over talent.**

**Belief = Action = Growth**





# Notes

---



# Chapter 1 – Building a Growth Mindset

---

Take some time now to identify three key areas, skills or abilities that you have previously approached with a fixed mindset but would like to develop further. Reflect on what was stopping you from developing these skills in the past asking yourself these questions to help:

What was stopping you from developing these skills?

Can you identify any common triggers or situations that would bring on a fixed mindset?

How did it make you feel?

What do you worry about?



2

Step outside your  
comfort zone  
and continue  
to challenge  
yourself.





# Notes

---

“

3

**WORDS HAVE POWER**  
“THE POWER OF YET”,  
CAROL DWECK

”



## Chapter 2 – Building a Growth Mindset

---

Now take some time to reflect on your answers from the last chapter and identify three key actions (remembering that words have power) you can take to overcome that fixed mindset and start to develop those abilities.

Consider how much, by when and who you need to support you.

1.

2.

3.





# Notes

---



4

ENJOY THE JOURNEY,  
RELISH THE FAILURE





# Notes

---



# Actions

---

Now over to you, reflect on any setbacks or failure that you have experienced so far and think about how you dealt with that challenge, and whether you could have done anything differently.

Take some time to review what you have learnt within this module and write down three key actions to take your business forward. Make sure they are SMART actions, specifying how much you are going to do and by when.

1. Action One

**Complete by:**

2. Action Two

**Complete by:**

3. Action Three

**Complete by:**

## Well done, you have completed the Building a Growth Mindset module!

Continue to develop your mindset through:

- Our library of digital modules on a whole range of topics.
- Join the online community to connect with other like-minded people.
- Sign up to one of our wrap around events across the UK.

**#PowerUp**

**THANK**  
**YOU**

